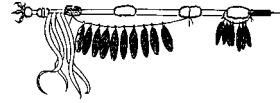
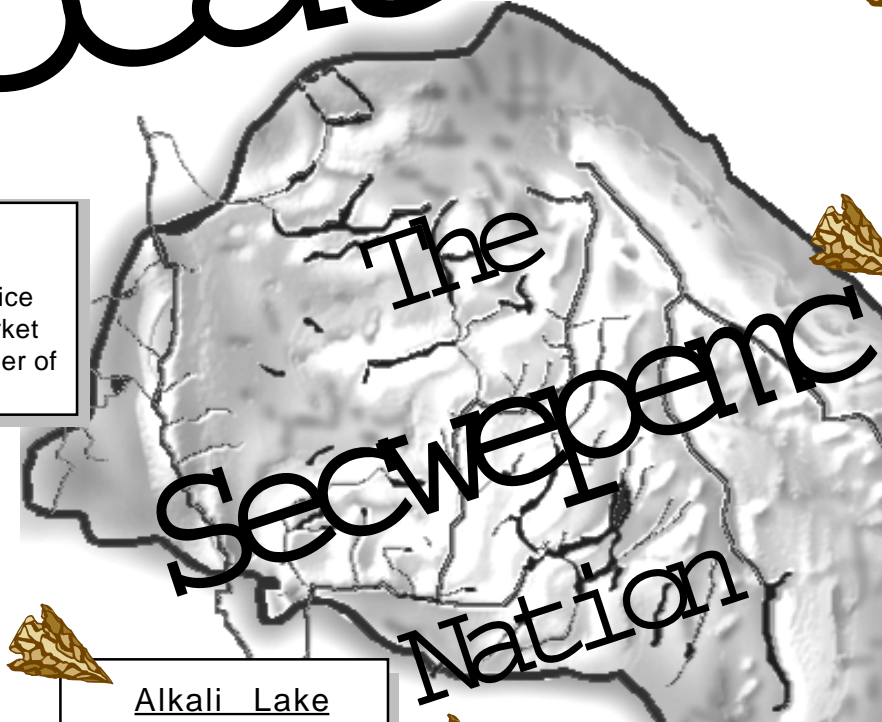


Circulation 5,000



News

200 Locations to serve you!



Valemont
Metis Association

100 Mile House
Canim Lake Band
Canim Lake Elders
Society

Sorrento
Shuswap Groceteria
Munro's Sorrento Prescription

Invemere
Shuswap Band

Quesnel
Nazko Band Government

Pavilion
Pavilion Store
Pavilion Band Office

Cache Creek
Bonaparte Band Office
Hat Creek Ranch
JJ's Video
Wander Inn Restaurant
Grub Stake Store
Bear's Claw Lodge
Lariat Gas Bar

Ashcroft
Gold, Chamber
Youth Program
One Easy Stop
Ashcroft Threads
& Things
Safety Mart Foods

Savona
Dey's Centre Store
Skeetchestn Store
Skeetchestn Band Office

Clinton
Cordial Restaurant
High Bar Band Office

Tappen
Tappen Esso

Pritchard
Pritchard Store

Heffley Creek
Heffley Creek Store

Merritt
Johnny's On The Rez

Logan Lake
High Valley Youth
Custody Centre

Douglas Lake
Douglas Lake Ranch

Spences Bridge
Cook's Ferry Band Office

Barriere
IDA Pharmacy
Ghinty Service Centre
Barriere Service
Louis Creek Store
AG Foods
North Thompson Band
Office

Anahim Lake
Ulkatcho Daycare

Lytton
Gwsep Gas & Food

Whispering Pines
Whispering Pines/
Clinton Band Office

Enderby
Sutherlands Bakery
Spallumcheen Band Office
Spallumcheen Food Market
Enderby & District Chamber of
Commerce

Valleyview
Taco Time

Lillooet
Lillooet Tribal Council
Stl'atl'imx Tribal Council
Bridge River Band Office
T'it'kil Administration
Lightfoot Gas
Cayoosh Creek Band Office
Lillooet Friendship Centre
Xaxli'p First Nation

Chase
Shuswap Grocery
Kozy Korner Store
Willows Natural Foods
Underwood Hotel
Peoples Drug Mart
Chase Chamber of Commerce
Safety Mart Foods
Adams Lake Band Office
Ska-hish Esso
Neskonlith Band Office
Jade Mountain Mohawk
Quaaout Lodge
Little Shuswap Band

Alkali Lake
Alkali Lake Band Office
Alkali Lake Store

Dog Creek
Canoe Creek Band Office
Canoe Creek Store

**Williams
Lake**
Williams Lake Band
Office
Cariboo Tribal Council
Chief Williams Gas Bar
Soda Creek Band
Xatsull Enterprises
Cariboo Friendship
Society
Willie's Western Wear

**Southwest
Kamloops**
Kamloops Info Centre
Legends Used Books
UCC-Bookies
UCC-
First Nations Lounge
Econo Lodge
Sahali Safeway
The Versatile

Vernon
Little Kingdom Gas Bar
Vernon Jubilee Hospital
New Port Beach
Thrifty Gas
Daines Western Shops

Clearwater
Clearwater Info Centre
Safety Mart
Dee's General Store
Bear Creek Correctional
Centre

North Kamloops
Winner's Trophy
Bowlertime
Kam-Ed Institute
Brock Bingo,
Airport, Inland Buildings
North Kamloops Library
Northhills Mall Walk-In Clinic
Mc Goo's Smokes
Salvation Army
Avalon Bookstore
Bookland, Penny Pinchers
Friendship Centre
Store Fronte School
Native Housing
Play-It-Again Bingo
Sexual Assault Centre

**Downtown
Kamloops**
Kamloops Museum
Academy of Learning
Royal Inland Hospital
Merlin Bookstore
Kamloops Public Library
New Life Mission Downtown
Scotts, Acadian
Riverland Motels
Speedy Cash
Interior Metis Association
Uptown AG Foods
Urban Systems
YMCA
JT's Auto Sound
Executive Inn
AIDS Society
Bob's PX

Salmon Arm
Fas Gas Oil Ltd
Salmon Arm Chamber of
Commerce

Mt Paul
Husky, OK Tire
STEP, K.I.B
SFU Office
Smoke Signals Store
Indian Taxation Board
Mt Paul Coffee
Ice Box Arena
Greenway Equipment
Skyreach
Del's Propane
Halston Esso
Halston Bridge Pub
Sun Rivers
Discovery Centre

SCES, SNTC
Canada Safeway
Coopers Grocery
Can Ex Truck Rentals
Revelstoke
Aall Glass
Horsebarn
Kal Tire
Country Corner Cafe
Fountain Tires
Carolyn's Cozy Cafe
Kamloops Powder Coating
Halston Homes
Mt. Paul Auto